

“We all think that cholesterol is important to heart disease.

The health of your gums is a more important predictor of whether you will have a heart attack or not.”

**Mehmet C Oz MD, FACS**

Director, Cardiovascular Institute  
Columbia University Medical Center, New York, NY  
ABC News, Good Morning America  
12-15-08

## Your gums. Your health.

The health of your mouth, teeth and gums has a direct impact on your overall health. Recent reports have linked gum disease with:

- Heart disease
- Stroke
- Diabetes
- Pregnancy problems
- An increased risk of pancreatic cancer by 64%

Fact is, the bacteria that cause gums to become inflamed can travel throughout the body, including to cells in the coronary arteries.

## The only FDA approved laser-based treatment for gum disease.

LANAP is the only procedure that actually helps the bone supporting your teeth to regenerate. This laser-based approach to treating gum disease makes it easier for you to return your gums to health and the process is far more comfortable than gum surgery.

With LANAP, there is less pain, less bleeding, less swelling, less tissue removed, less down time and less recovery time. Remember, controlling periodontal disease makes it possible to save and restore to health teeth that may otherwise have to be extracted. Most importantly, LANAP restores your whole mouth to health, reducing your body's susceptibility to the serious health problems associated with gum disease.

*Robert M. Zupnik, D.D.S., M.S.D.*

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*Practice Limited to Periodontics & Implant Dentistry*

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**LANAP™**

Less Pain.  
Less Discomfort.  
The Laser Alternative  
to Gum Surgery.



## No scalpels. No stitches. The new treatment for gum disease.

Now there's a new, less traumatic treatment for periodontal disease. LANAP (Laser Assisted New Attachment Procedure) utilizes safe and proven laser technology to gently remove harmful bacteria and diseased tissue from the gums.

As with periodontal surgery, this removal of bacteria allows the body to heal naturally so the gum pockets improve and the teeth become more stable. But there's less pain. And, since the gum tissue is not cut with a scalpel, there are no stitches, minimal bleeding, and a quicker, much easier recovery.

### Patient Benefits:

- **Less pain**
- **Faster healing**
- **Reduced risk of infection**
- **Decreased sensitivity**
- **Less time in the dental chair**
- **Less bleeding**
- **Less post-treatment discomfort**
- **Little to no gum recession**

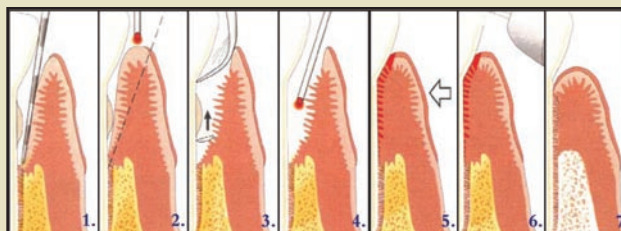
## Is LANAP right for you?

If your dentist has told you that you suffer from periodontal disease and need gum surgery, you can take advantage of the many benefits offered by LANAP.

Ask your dentist if you're a candidate.

## LANAP

**A procedure that brings your  
entire mouth back to health.**



1. Perio probe indicates excessive pocket depth
2. Laser light removes bacteria and diseased tissue
3. Ultrasonic scaler and special hand instruments are used to remove root surface tartar
4. Laser finishes cleaning pocket and aids in sealing the pocket closed so new germs cannot enter
5. Bite is adjusted
6. New attachment and bone growth to clean root surface occurs. Healing occurs.
7. Bone regeneration



*“Once I discovered that there was an alternative to surgery, I was much more relaxed about having my gum disease treated. LANAP was everything my dentist promised. Knowing how gum disease could affect my overall health, I now have more peace of mind because my gums are healthy again.”*

*~ Chris ~*

Potomac, Maryland

*“I had two options... lose my teeth, or have extensive surgery. I wanted neither, so I did some research and found a doctor that offered the LANAP procedure. The surgery was a breeze and it allowed me to keep my natural teeth!”*

*~ Peggy ~*

Birmingham, Alabama